

# OUTFLOW TRACT VENTRICULAR TACHYCARDIA

*NOT ALWAYS SIMPLE AS IT SEEMS*

**40-year-old male with recurred VPC**

2016.10.29 VT symposium

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Samsung Medical Center

## BRIEF HISTORY

- 40 year-old male
- Dec 2014 Follow up every 3 month for symptomatic VPC (palpitation) in local hospital
- Mar 2016 Referred to SMC complaining of dyspnea & palpitation; VPC bigeminy and normal echoCG
- Jun 2016 VPC 34% in 24hr holter (36686 isolated, 42 couplets, 11 triplets, 15397 bigeminies), moderate LV systolic dysfunction (LVEF 35%)

- Jul 2016 1<sup>st</sup> RFCA was done
  - Sep 2016 Slightly improved symptom, but still large burden of VPC (26%, 28138 isolated, 1 couplet, 5 triplets, 15754 bigeminies) in 24hr holter
  - Oct 2016 Admission for 2<sup>nd</sup> RFCA; improved LV systolic function (LVEF 47.2%) in follow-up echoCG
-

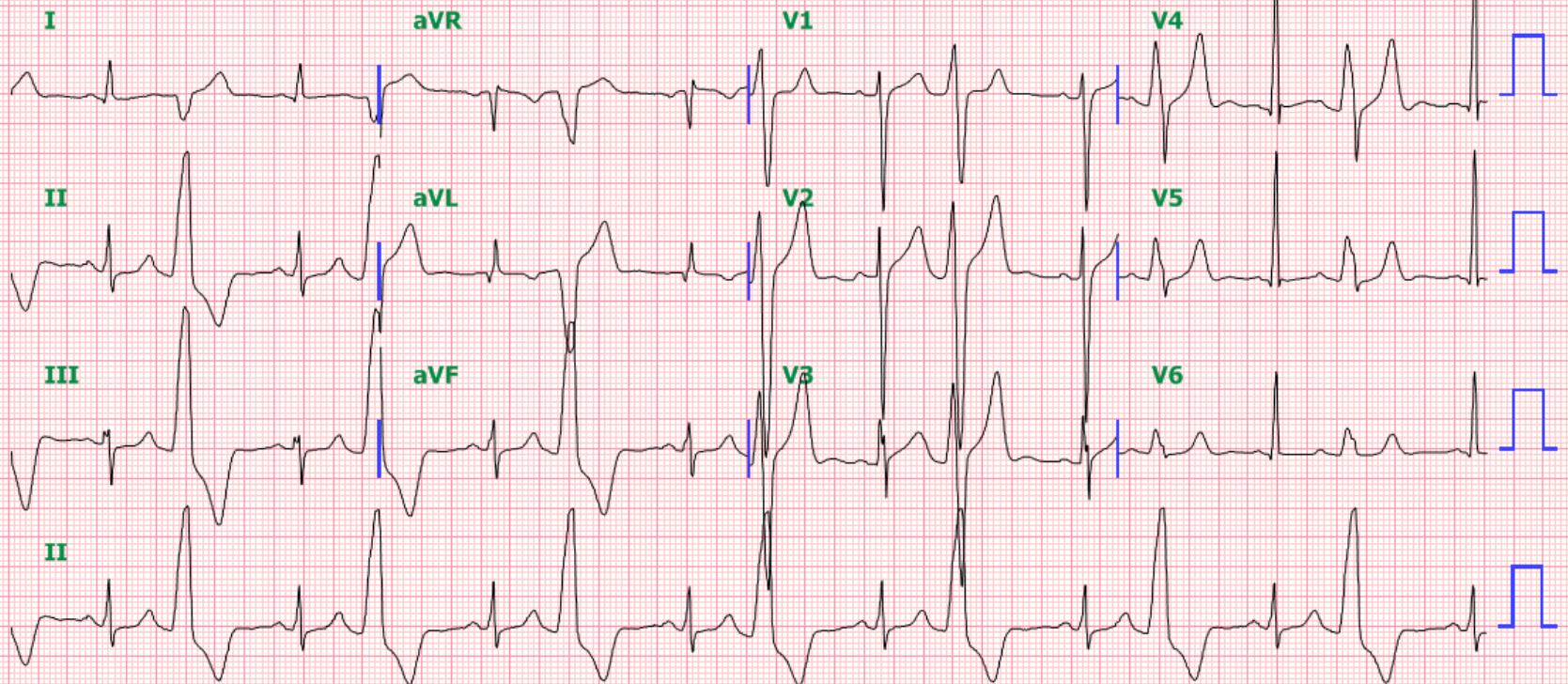
# PRE-1<sup>ST</sup> RFCA ECG (2016-03-14)

RR	844	<b>VENTRICULAR BIGEMINY</b> .....	bigeminy string>4 w/ V complexes
PR interval	148	<b>PROBABLE LEFT VENTRICULAR HYPERTROPHY</b> .....	R56L/RISIII/S12R56/S3RL & LAA/LAD
QRSD	104	<b>ST ELEV, PROBABLE NORMAL EARLY REPOL PATTERN</b> .....	ST elevation, age<55
QT	416	<b>BASELINE WANDER IN LEAD(S) V2,V3</b>	
QTcB	540		
QTcF	495		
..... <b>AXIS</b> .....			
P	66		
QRS	16		
T	81		

[ UID : ]  
 [ PID : 35787106 / Date : 2016-03-14 ]

- ABNORMAL ECG -

**Unconfirmed Diagnosis**

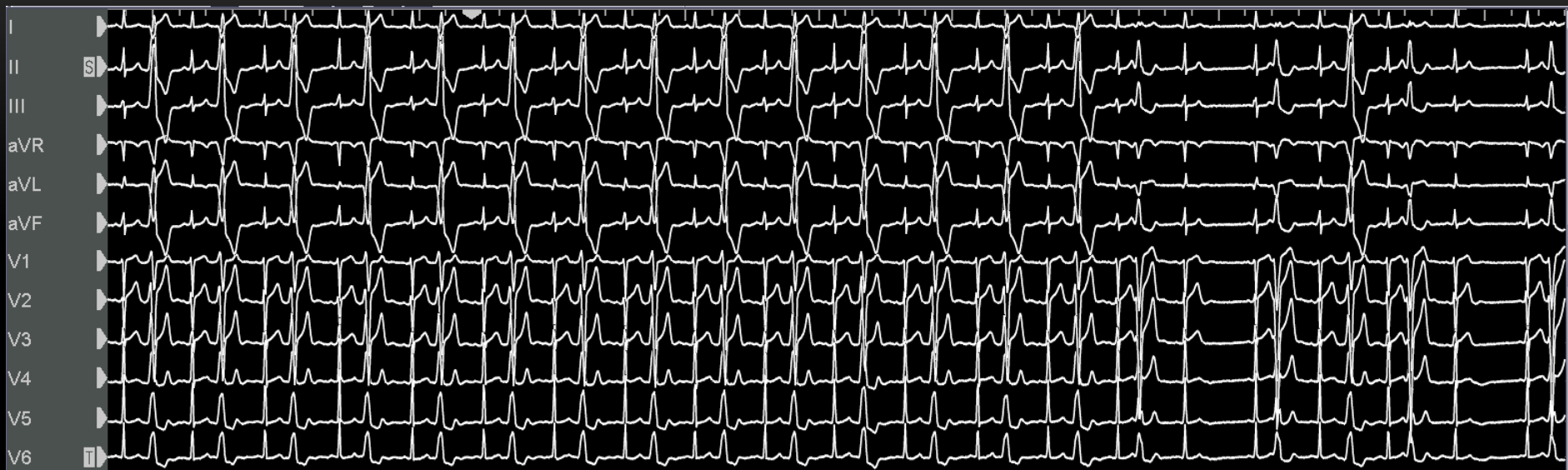


# 1<sup>ST</sup> RFCA

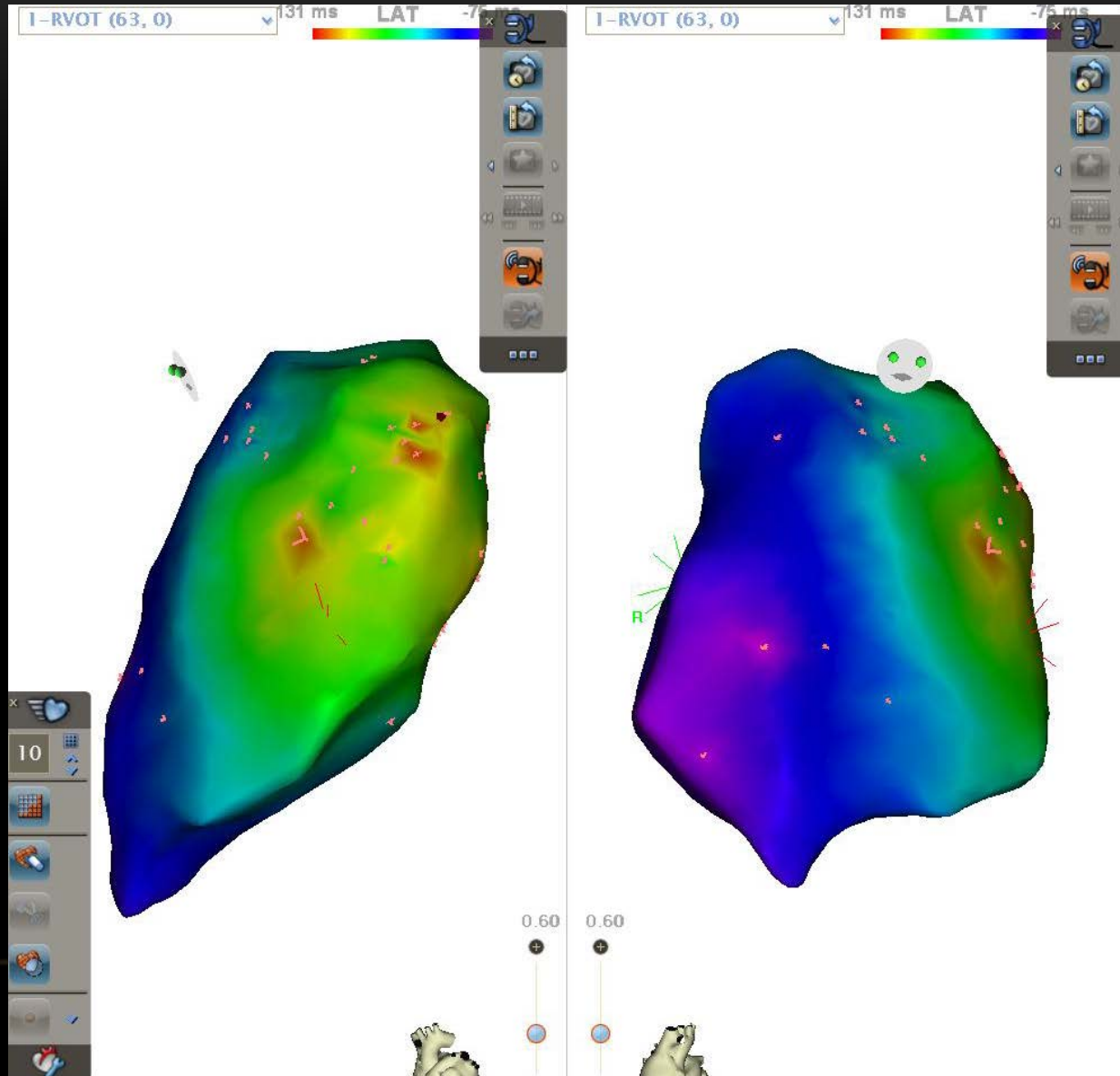
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2016-07-11

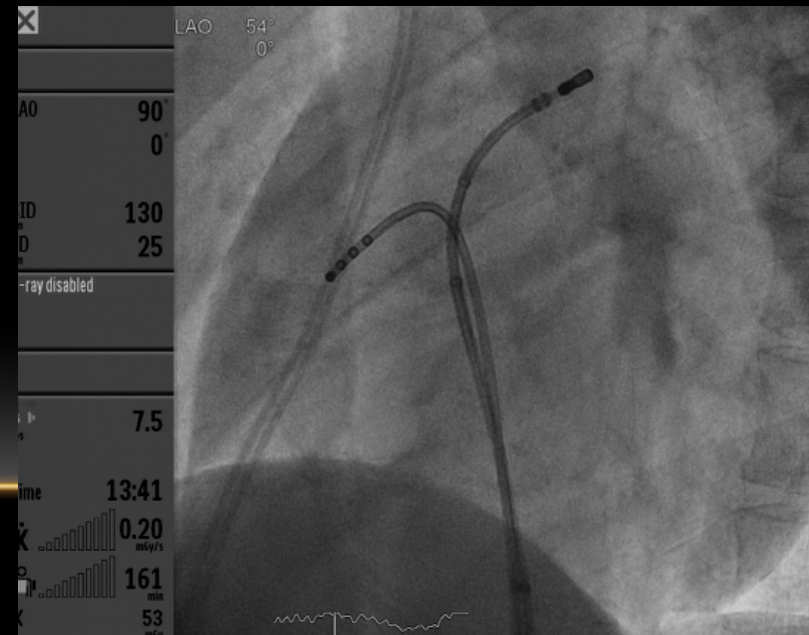
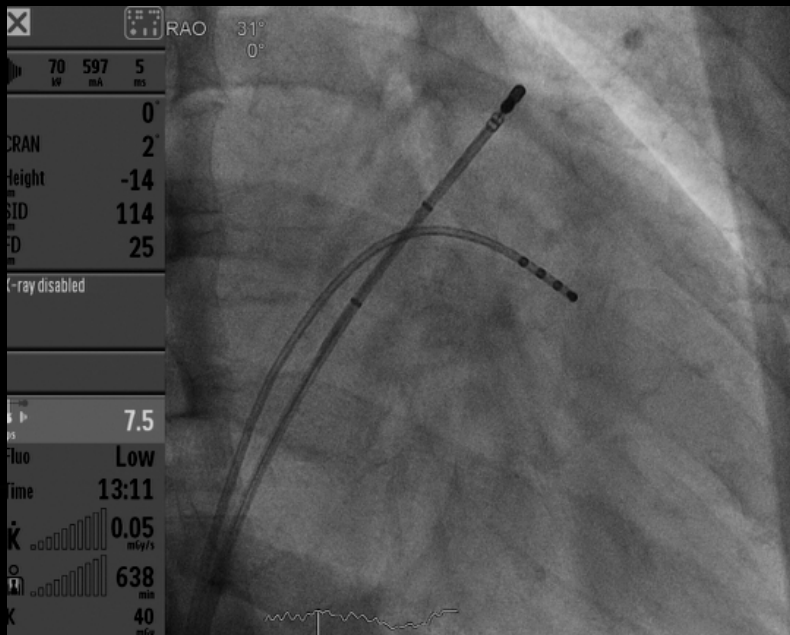
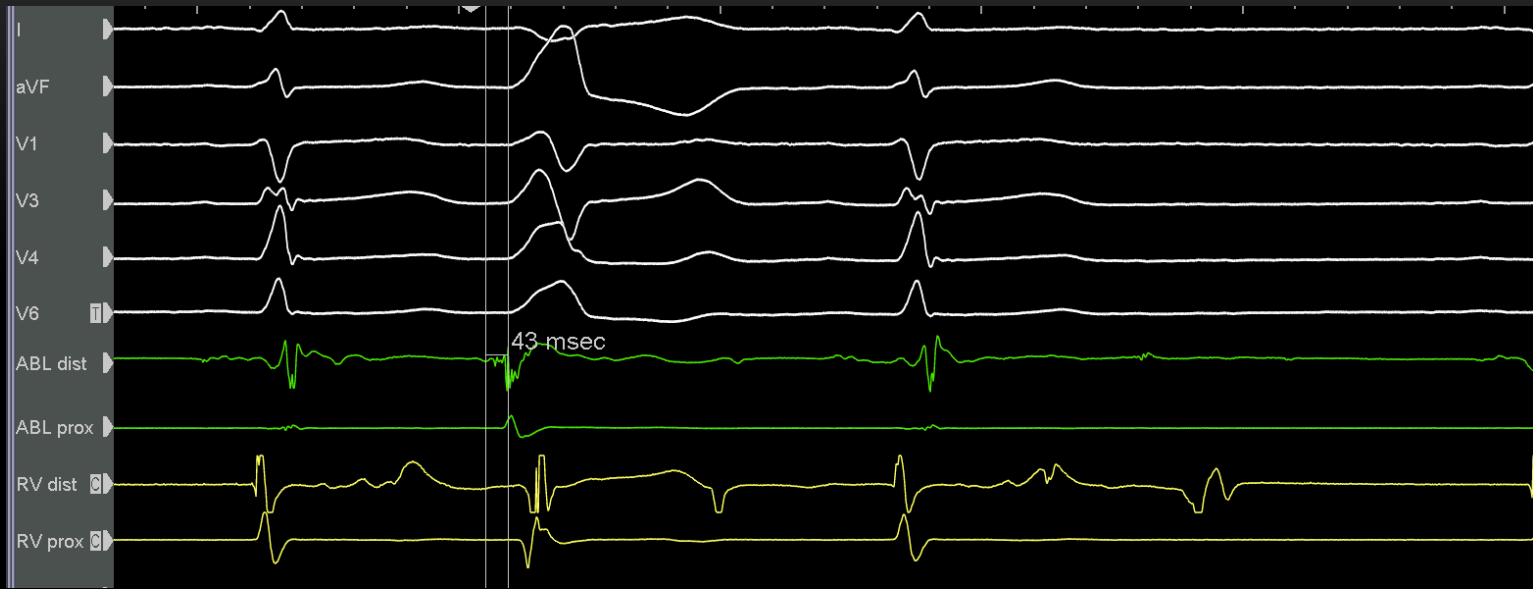
# PRE-RFCA 12 LEADS



# 3D ACTIVATION MAP BY CARTOUNIVU (RVOT)



# EARLIEST ACTIVATION SITE IN RVOT

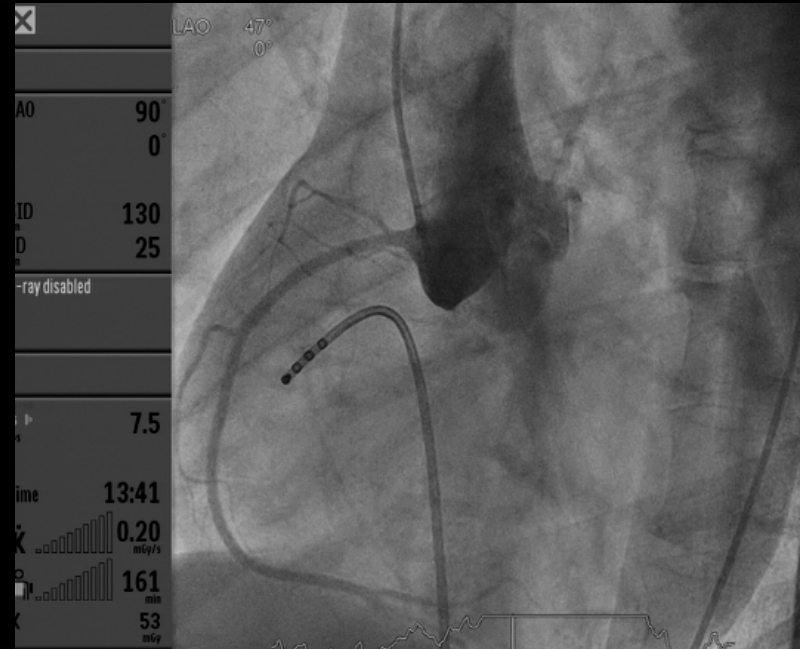
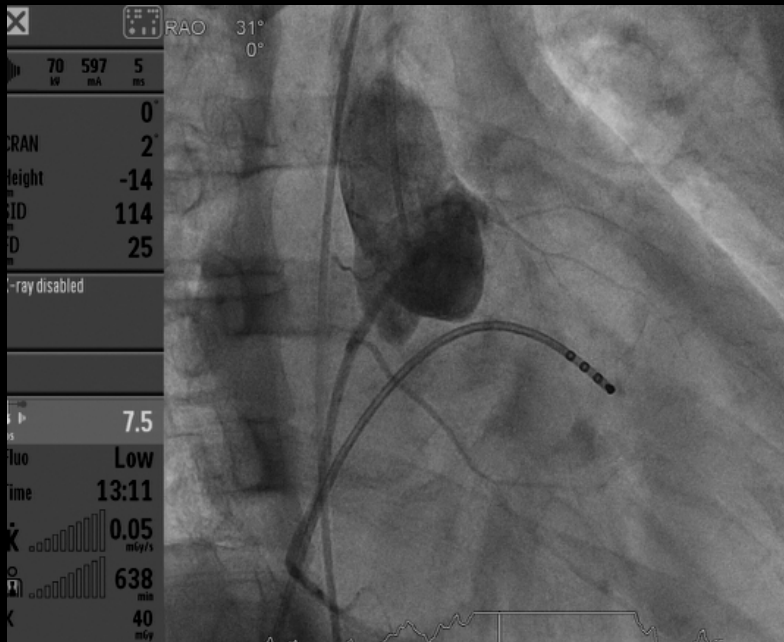




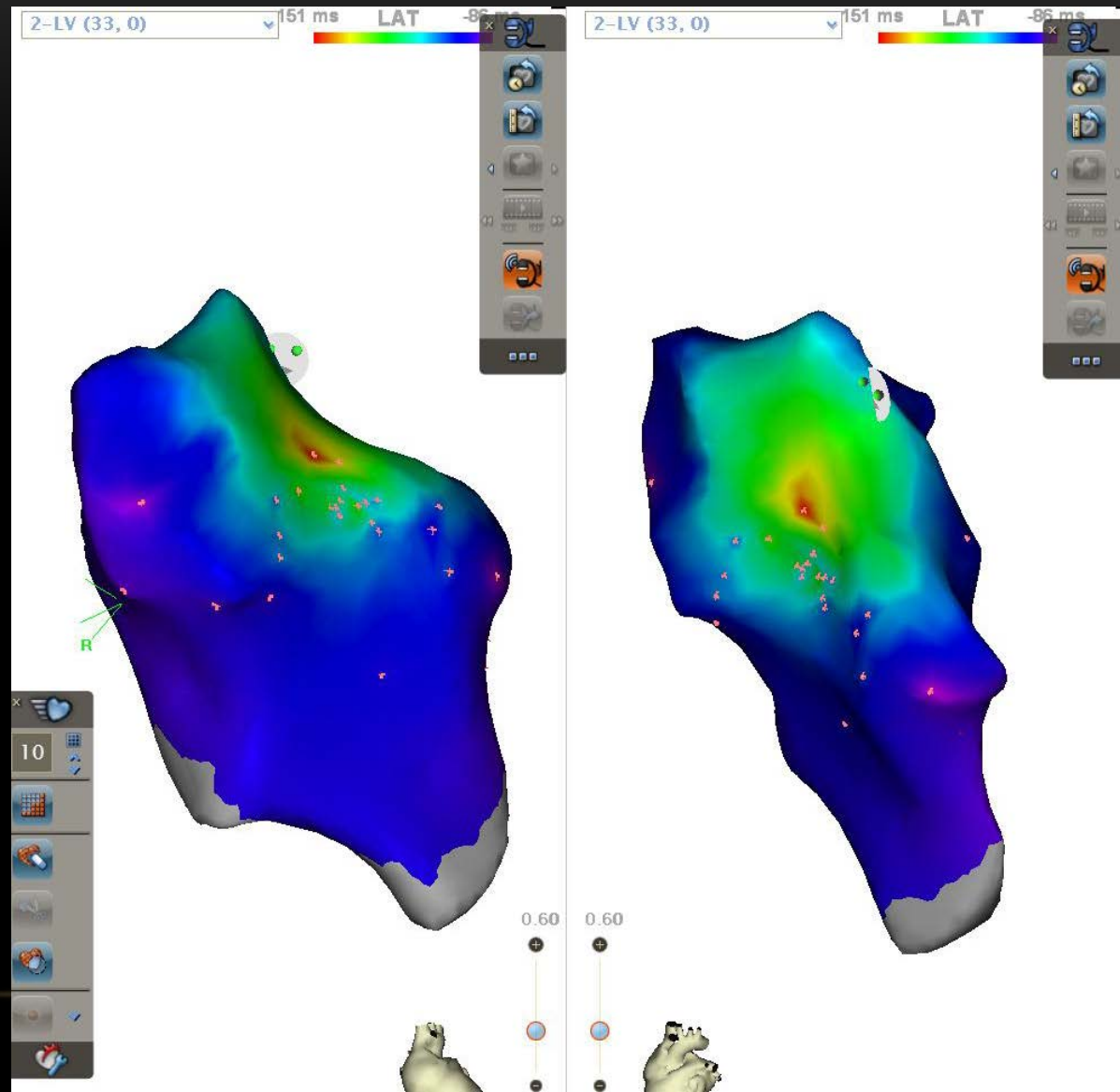
# ABLATION IN RVOT (ANTERIOR SEPTUM) #2



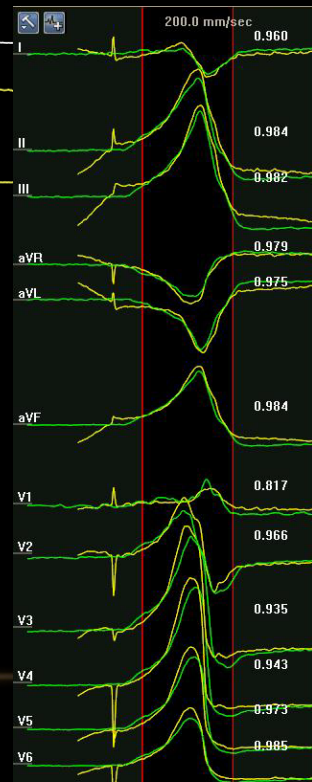
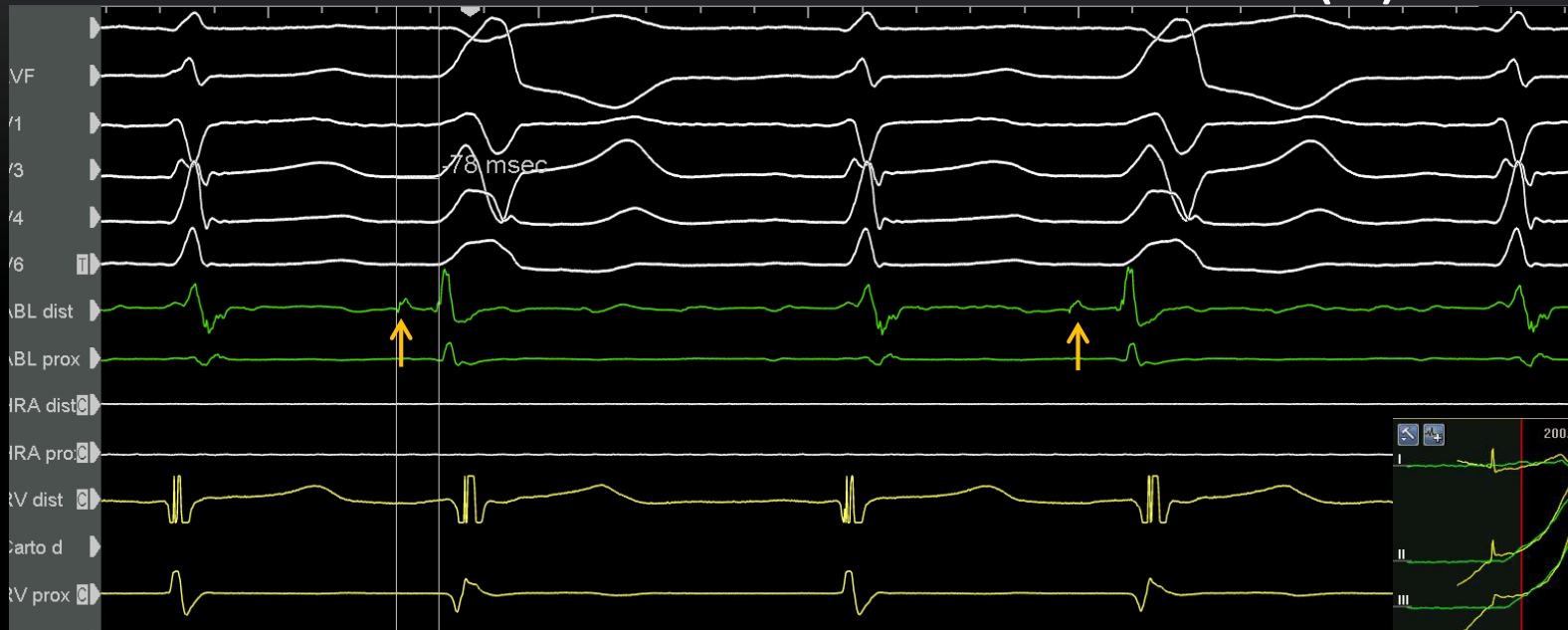
# AORTOGRAM



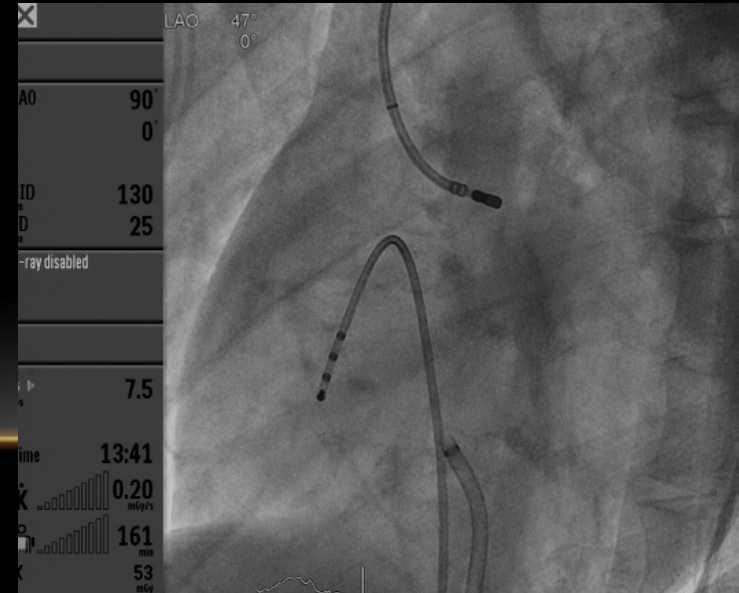
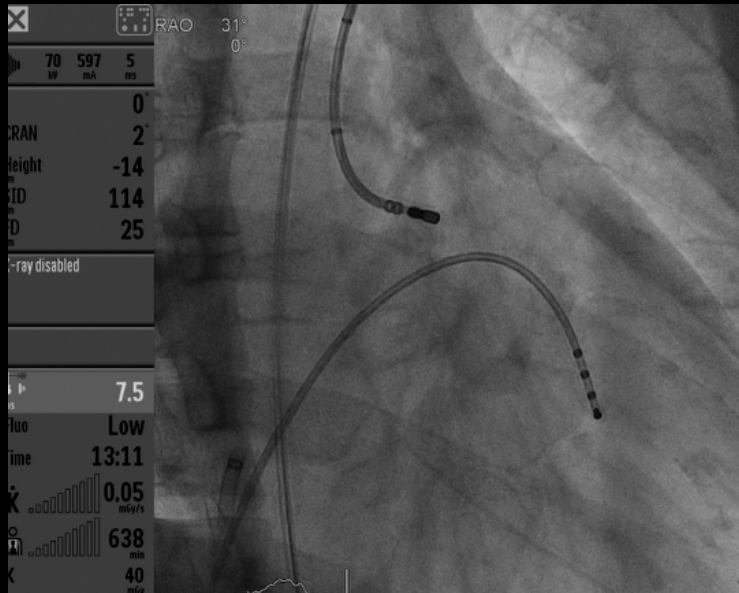
# 3D ACTIVATION MAP BY CARTOUNIVU (LVOT)



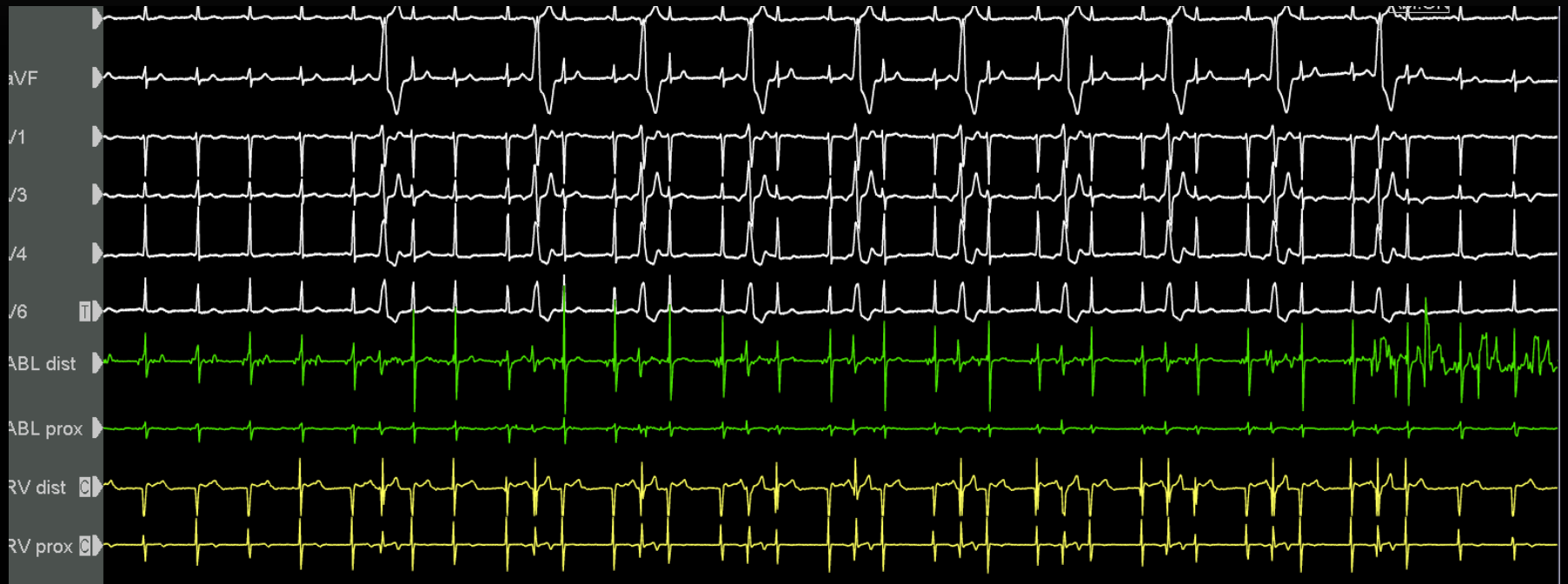
# DISCRETE POTENTIAL BELOW LCC (1)



**PASO 95.7%**

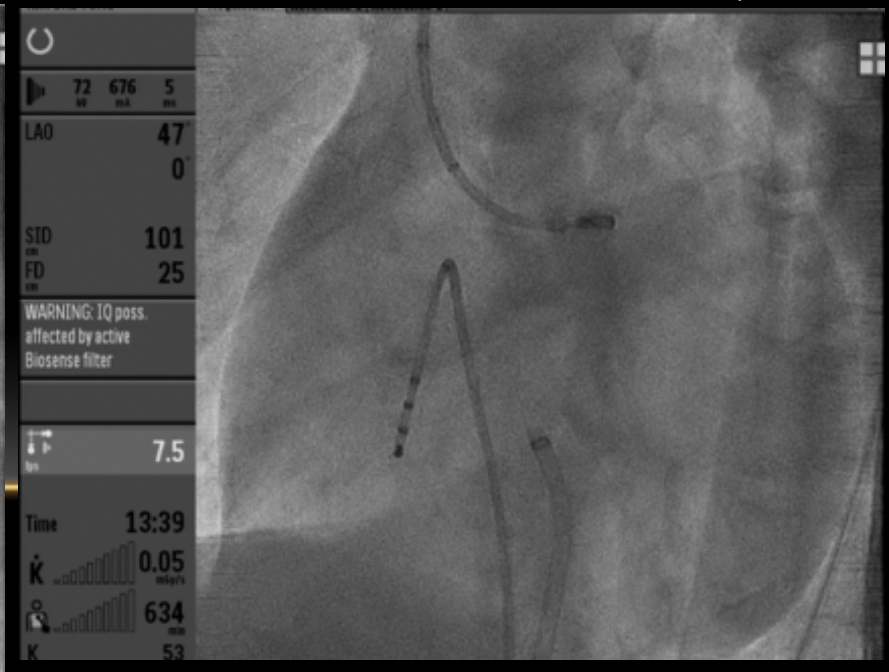
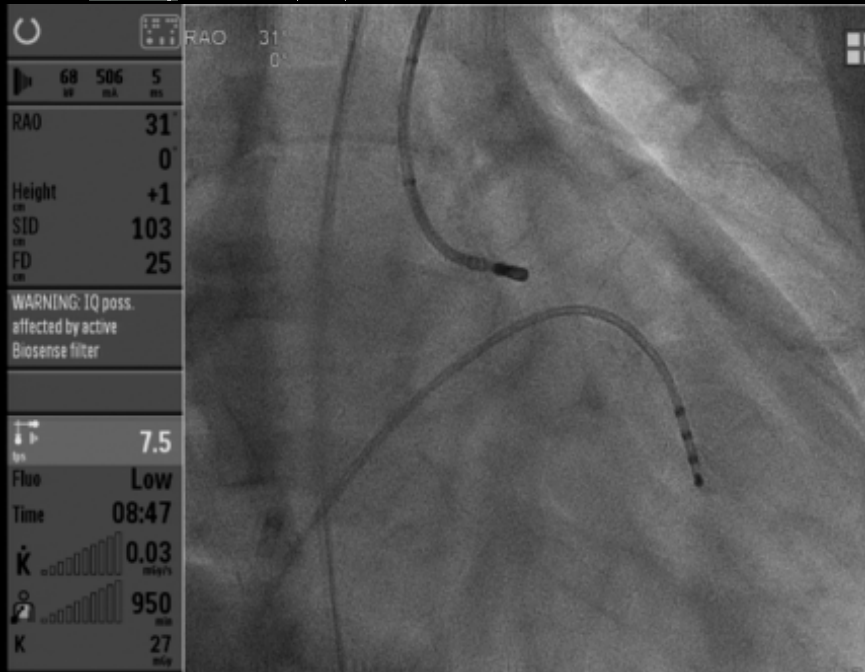


# POST-ABLATION #8 BELOW LCC

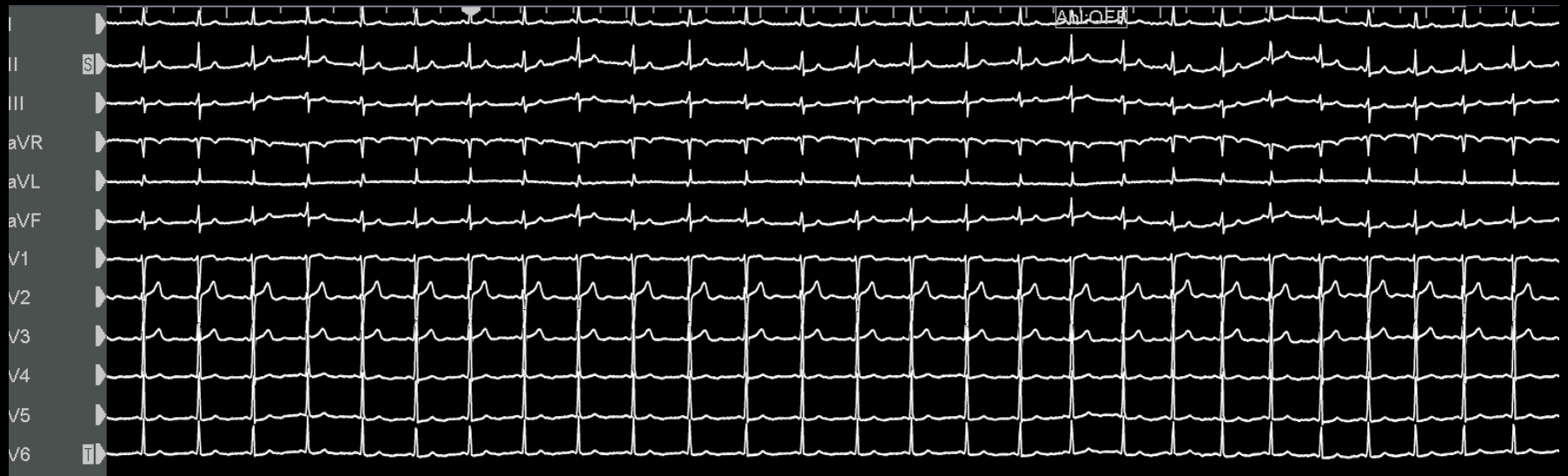




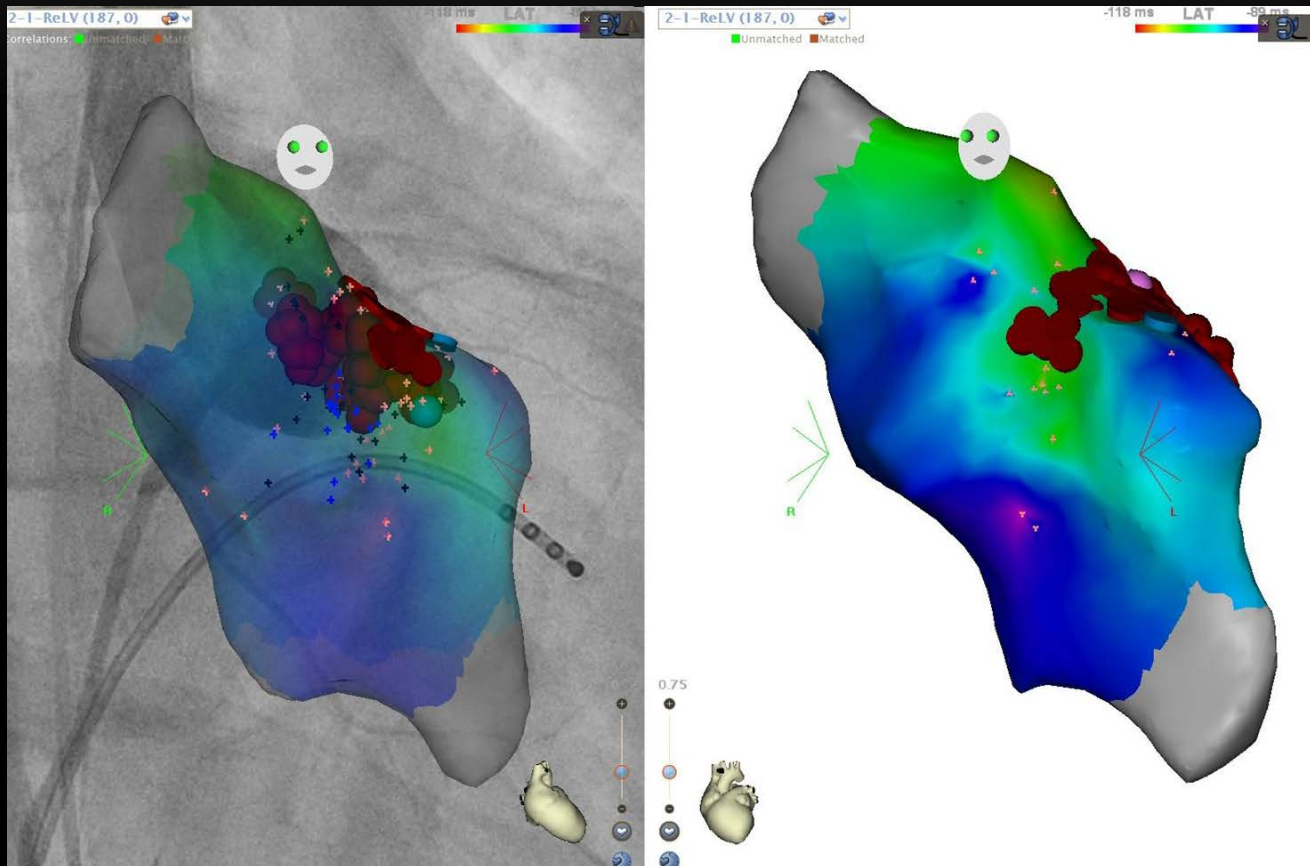
# DISCRETE POTENTIAL BELOW LCC (2)



# ABLATION IN EARLIEST ACTIVATION SITE(2)

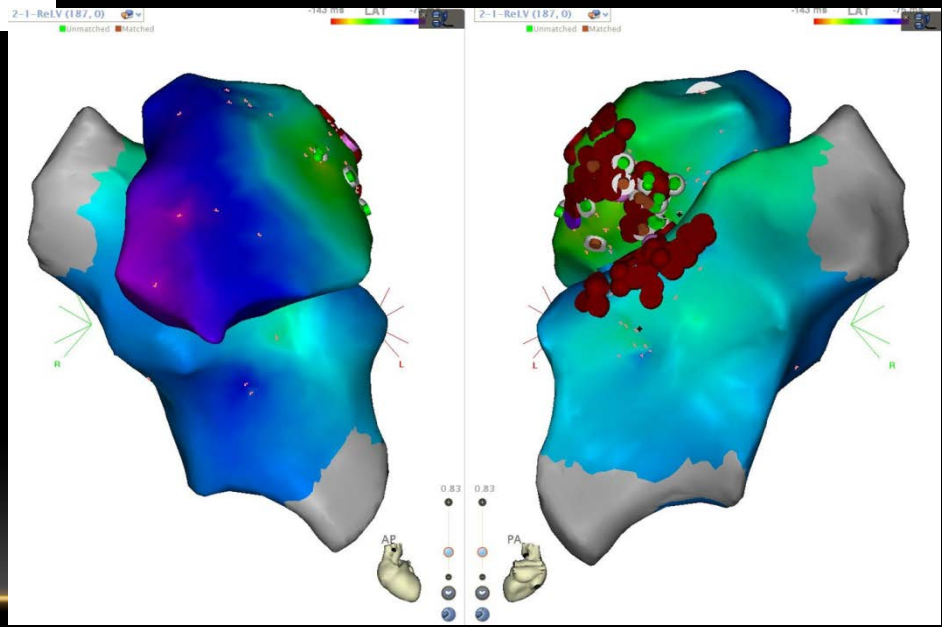
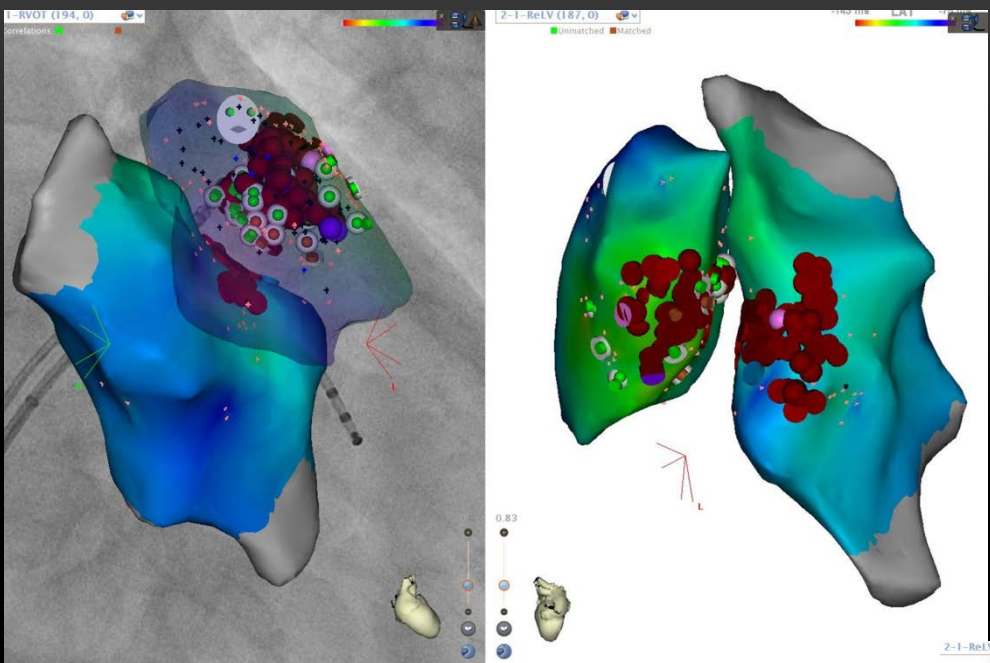


# ABLATION SITES IN CARTOUNIV 3D IMAGES



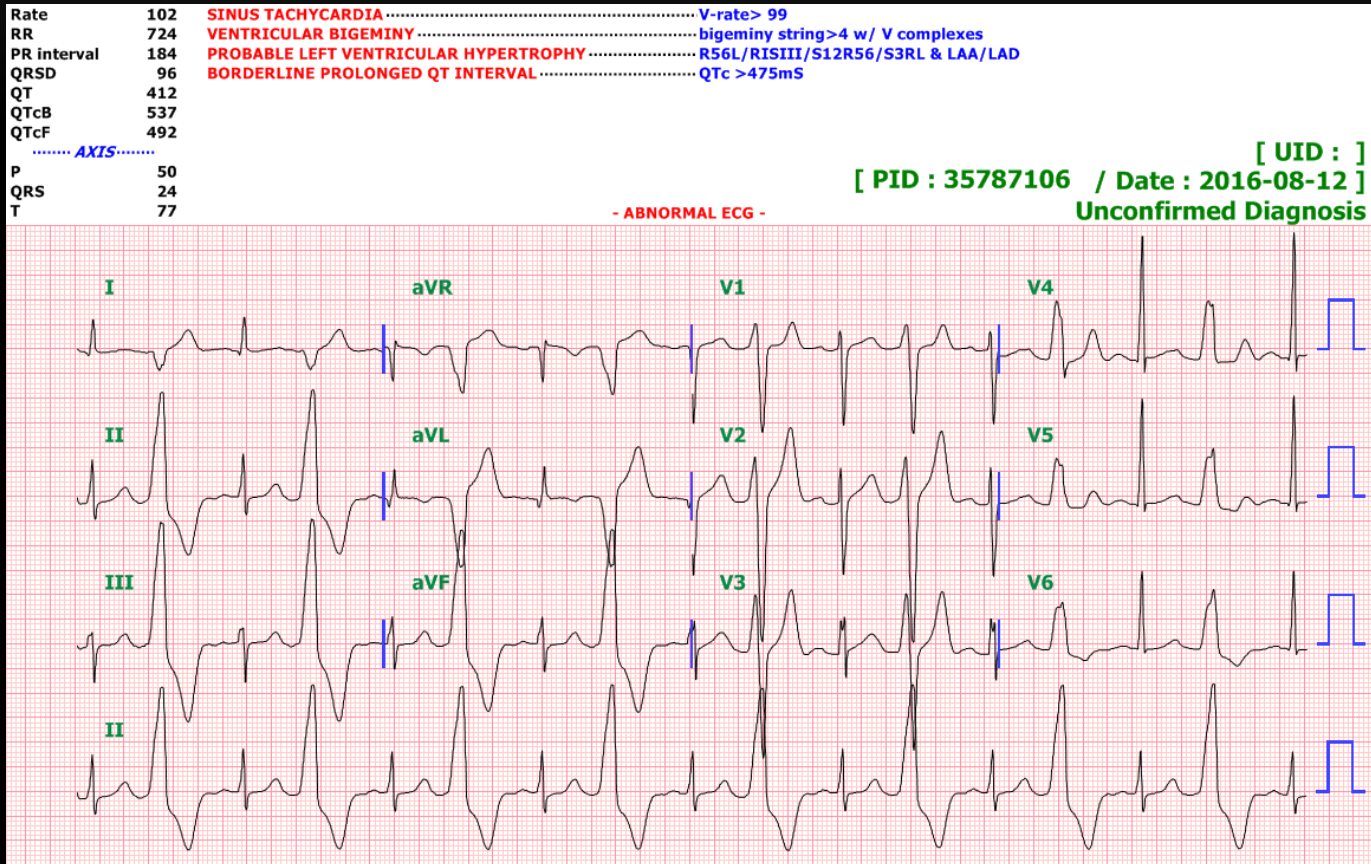
RVOT anterior septum





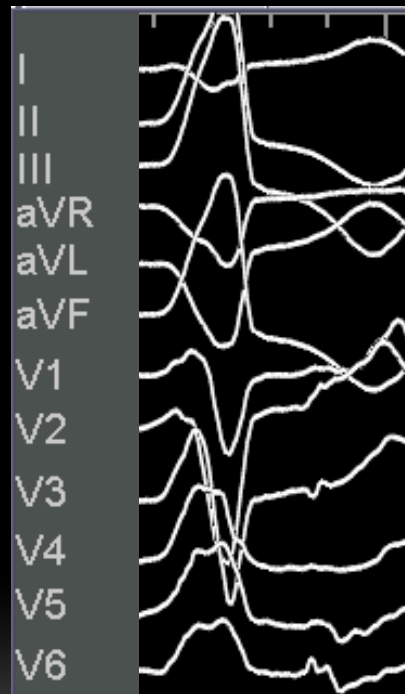
RVOT anterior septum and opposing LVOT septum

# 1 MONTH AFTER RFCA (2016-08-12)

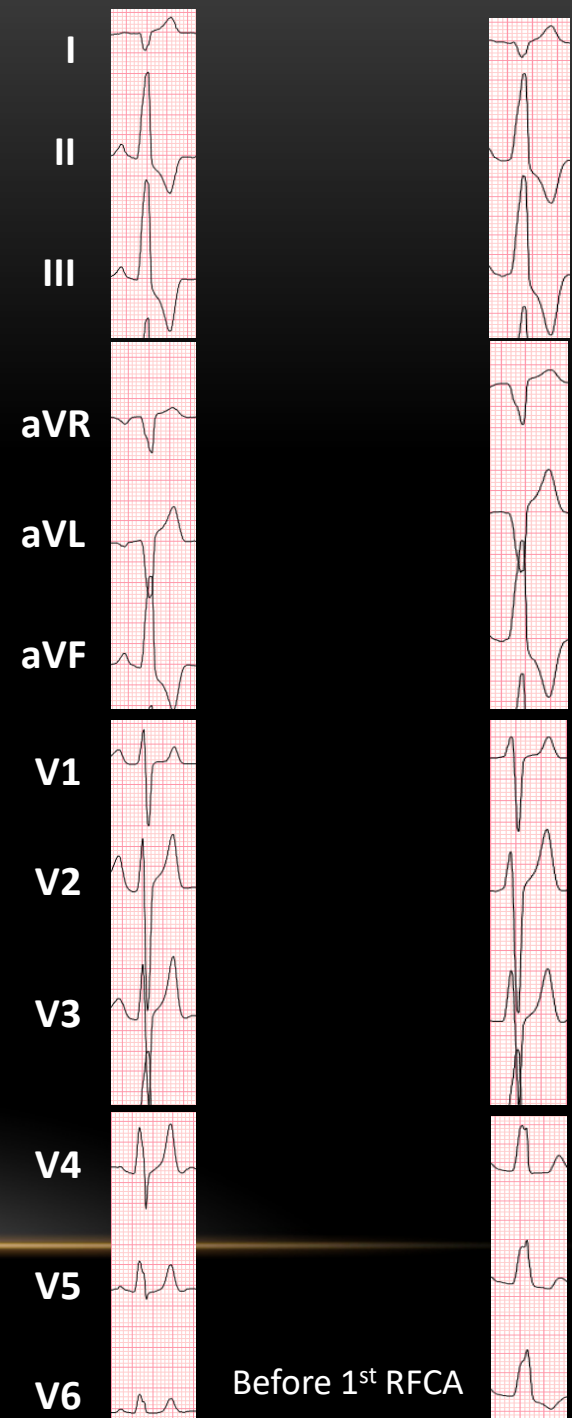


**Q. WHICH LOCATION WOULD YOU PREFER TO MAP FIRST IN THIS PATIENT?**

- 1. RVOT
- 2. LVOT
- 3. Epicardial side



Before redo RFCA



Before 1<sup>st</sup> RFCA

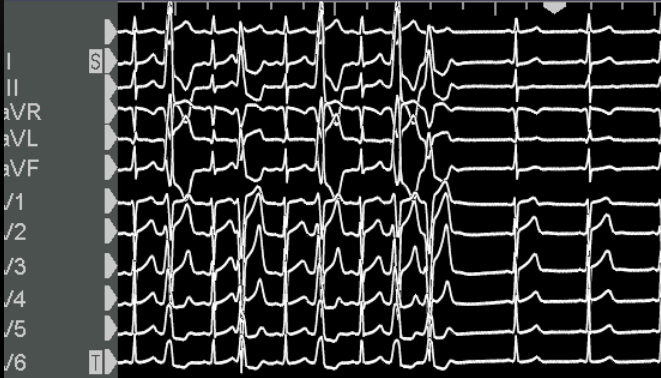
Recur

# 2<sup>ND</sup> RFCA

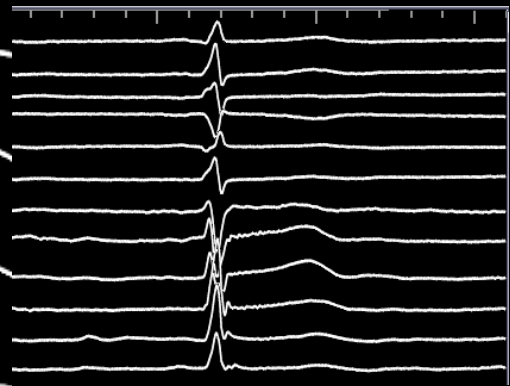
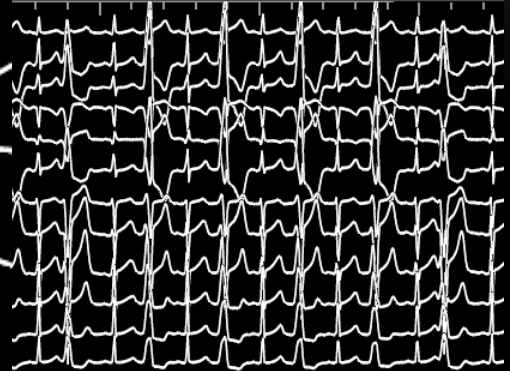
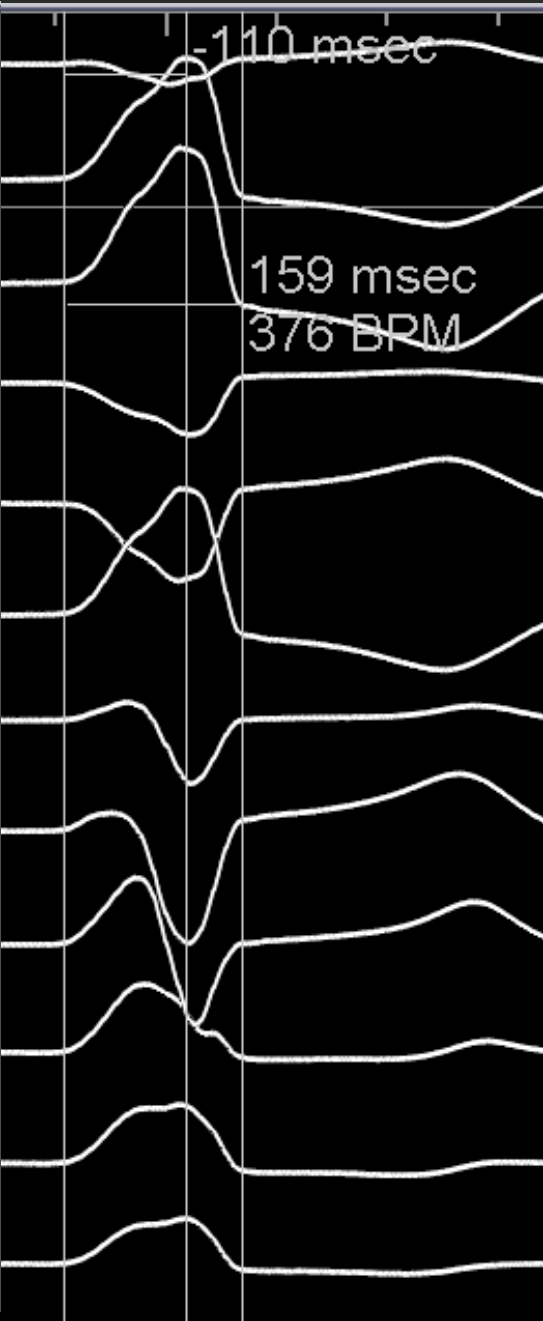
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Recurred VPCs

PR



I  
II  
III  
aVR  
aVL  
aVF  
V1  
V2  
V3  
V4  
V5  
V6

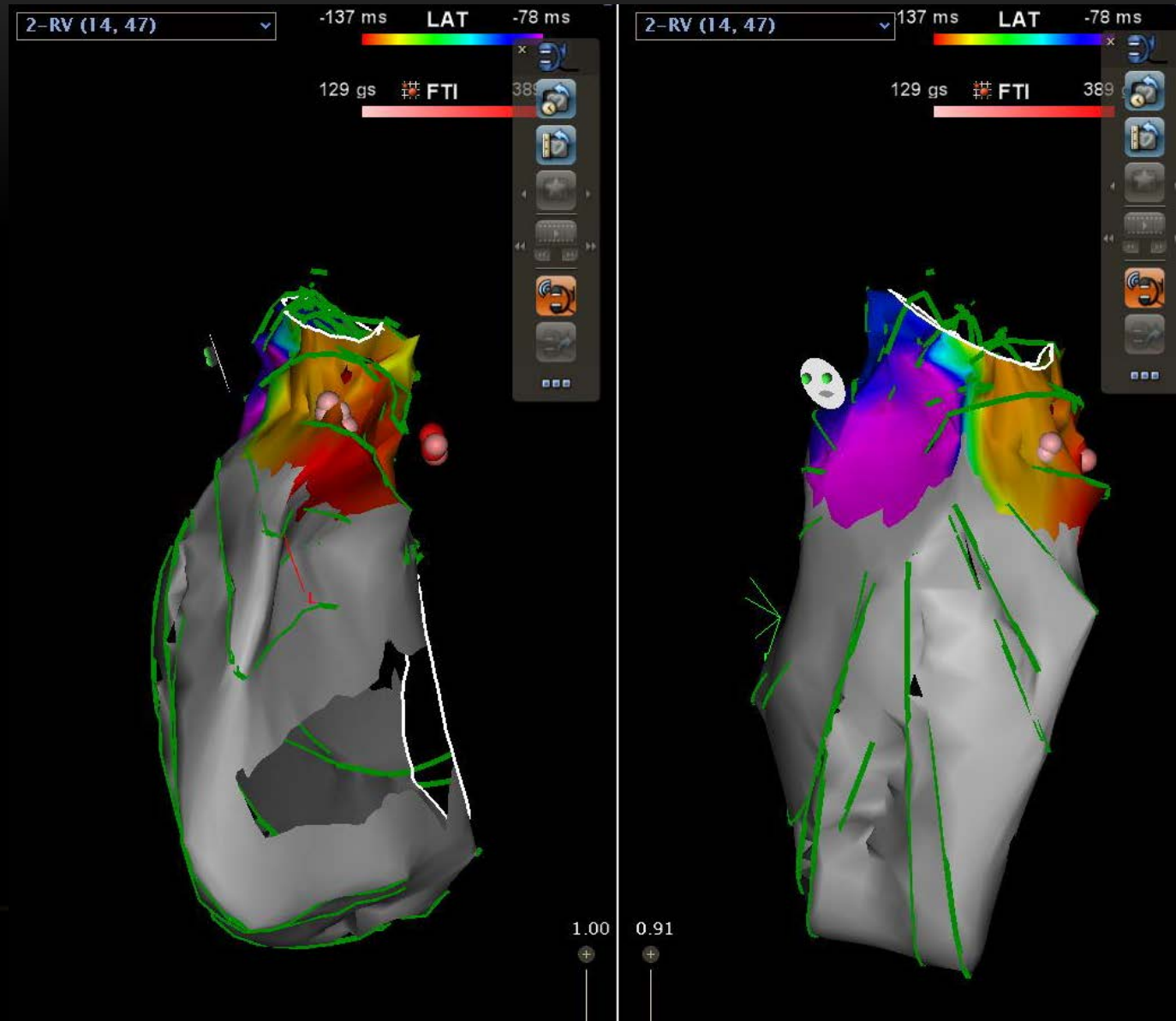


**MDI = 110/159 = 69.2%**

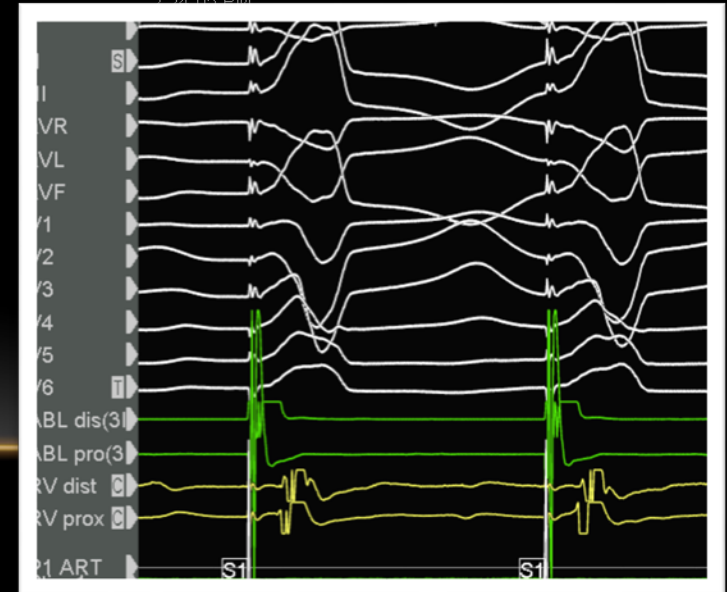
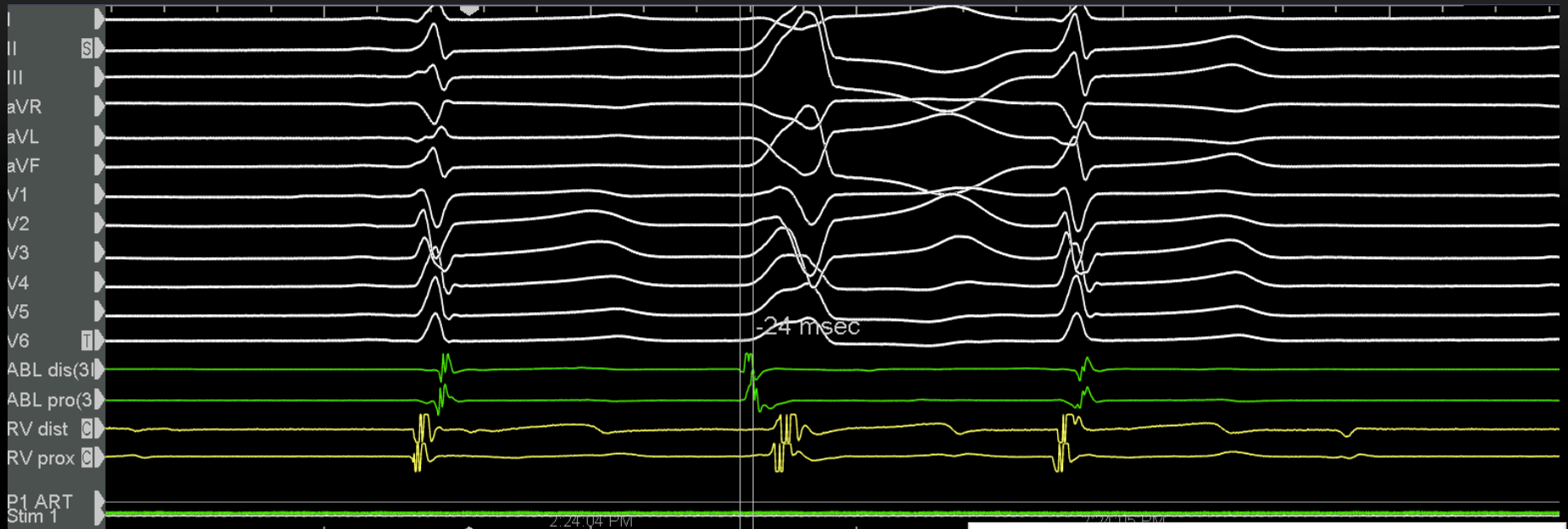




# 3D ACTIVATION MAP BY CARTOSOUND (RV)



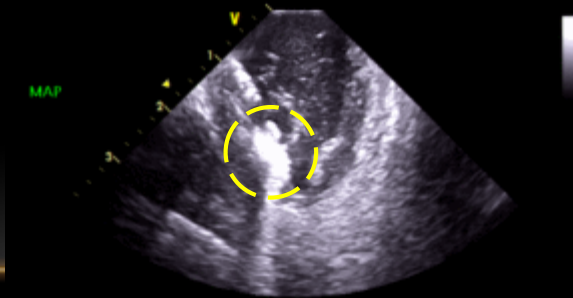
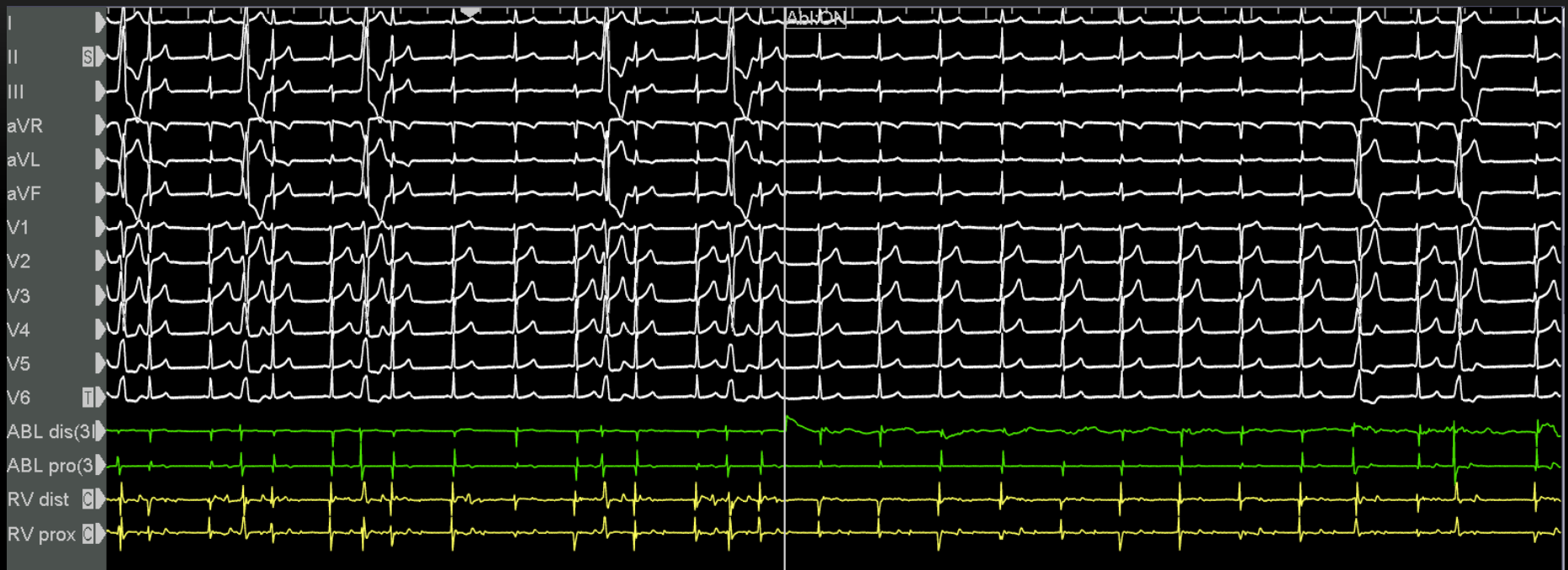
# EARLIEST ACTIVATION SITE IN RVOT



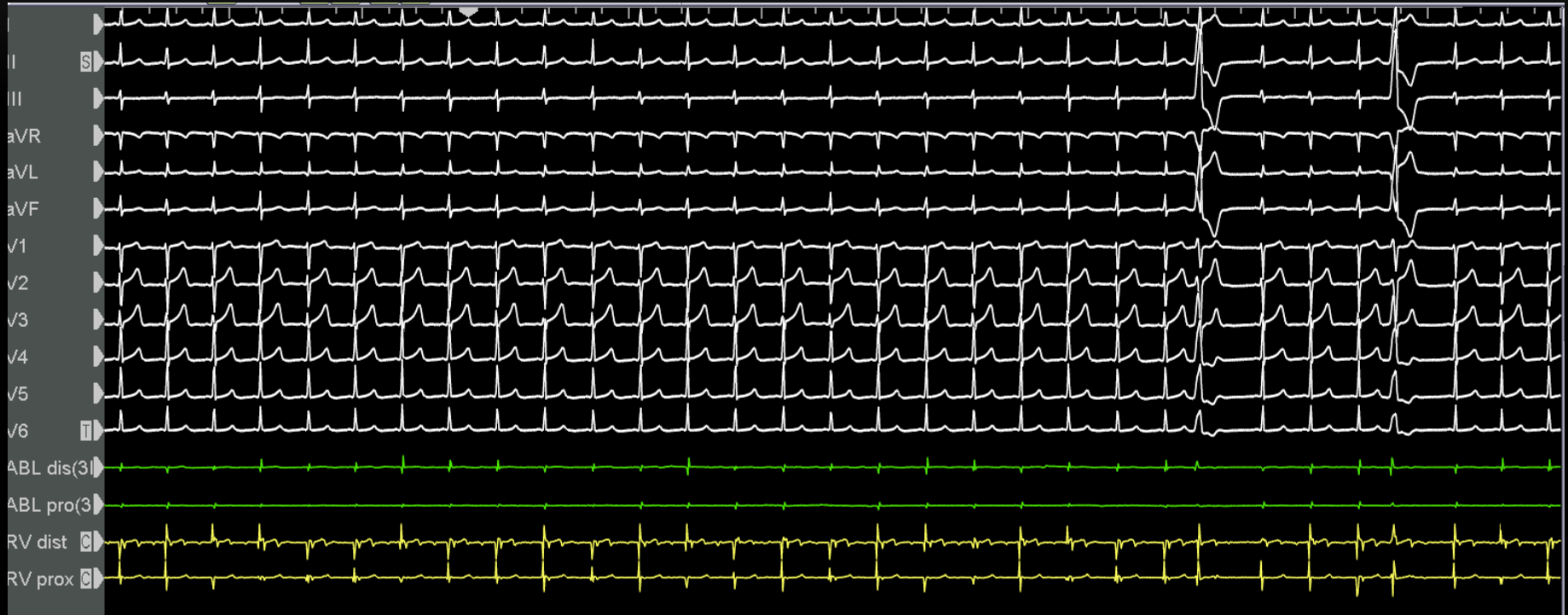
PASO 98.7%



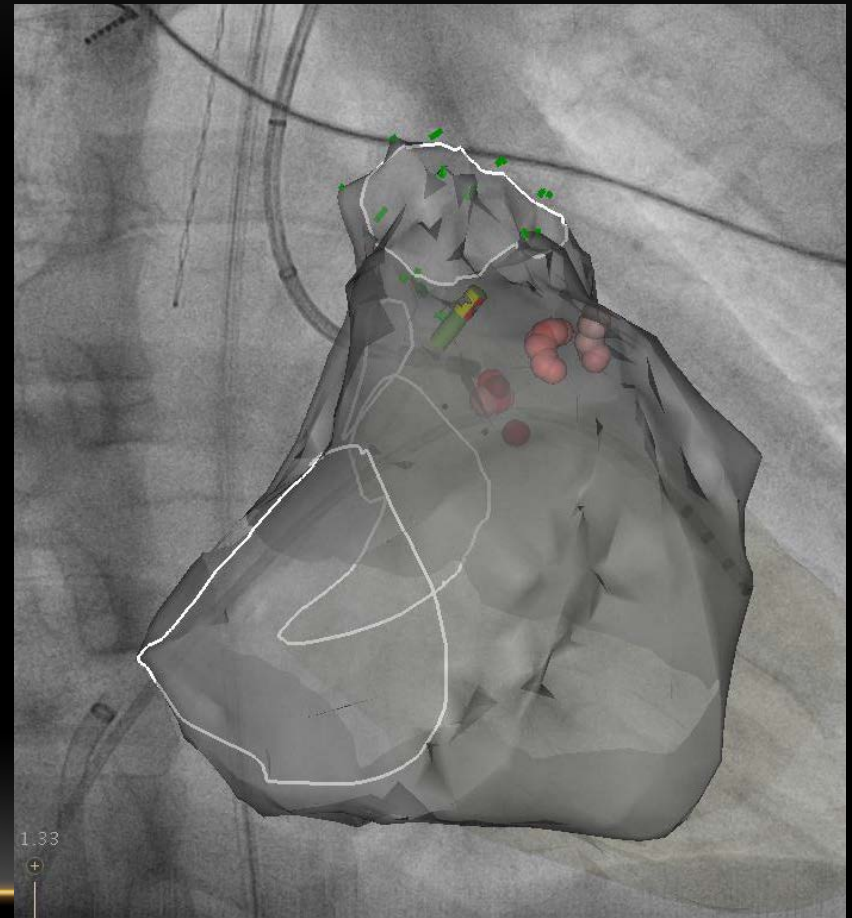
# ABLATION IN RVOT (ANTERIOR SEPTUM)



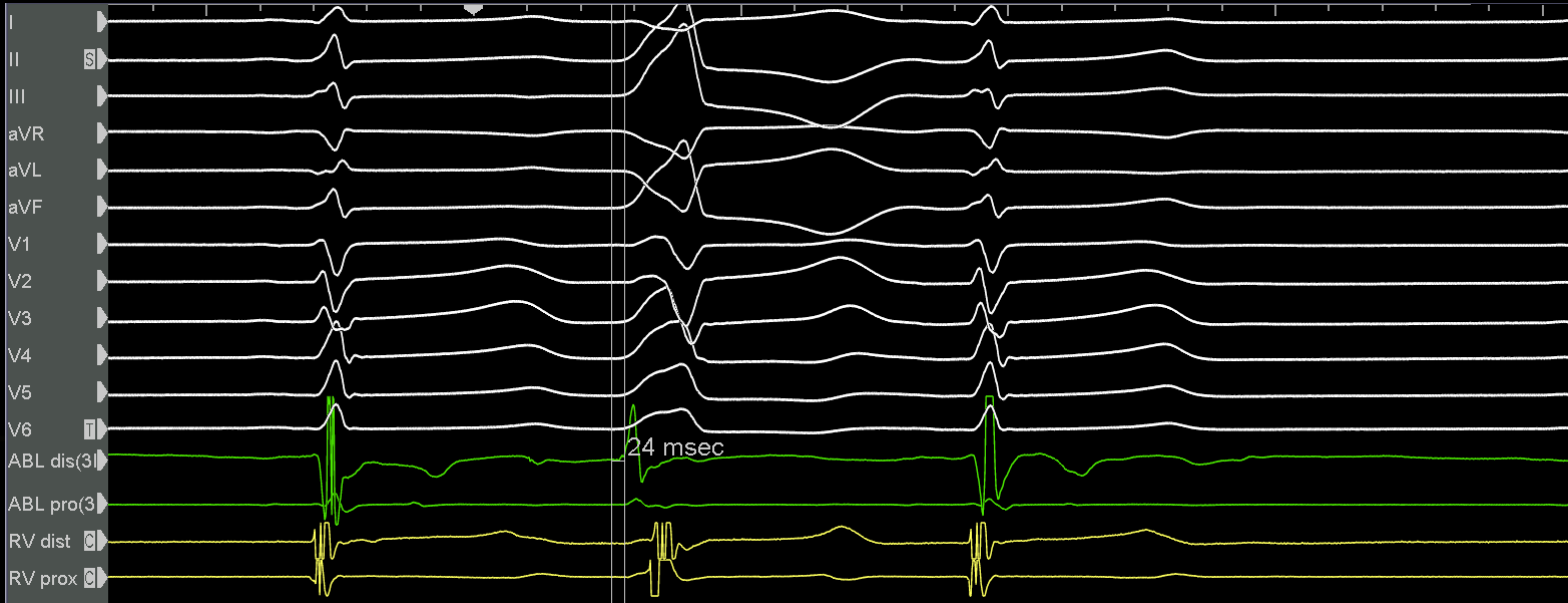
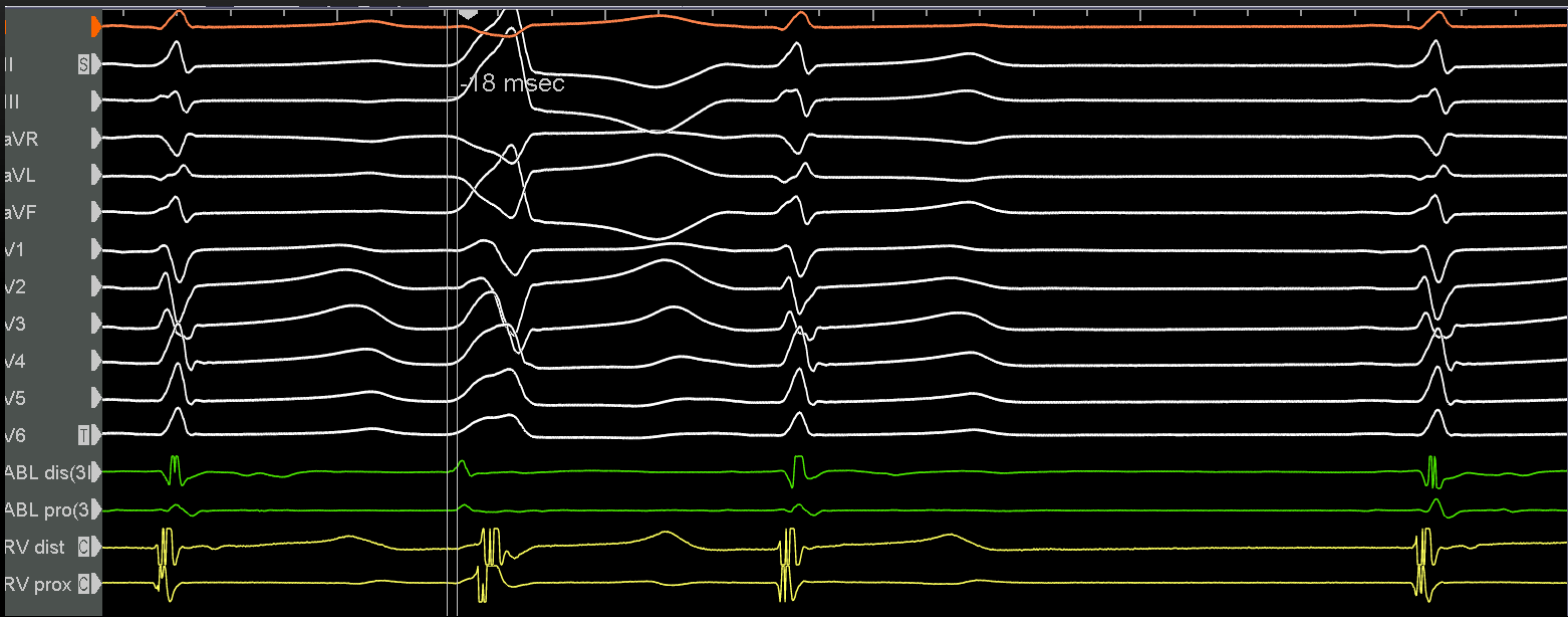
# POST-RFCA #14 IN RVOT



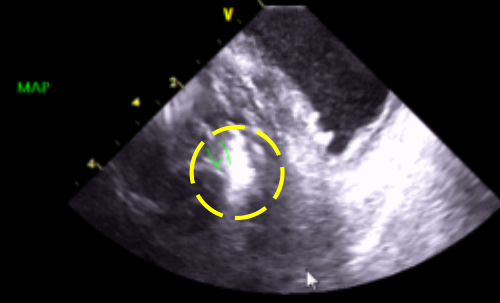
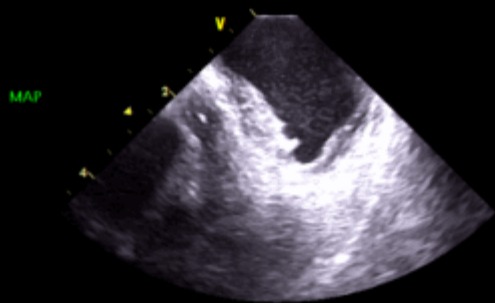
# 3D ACTIVATION MAP BY CARTOSOUND (LV)



# EARLIEST ACTIVATION SITE IN LVOT

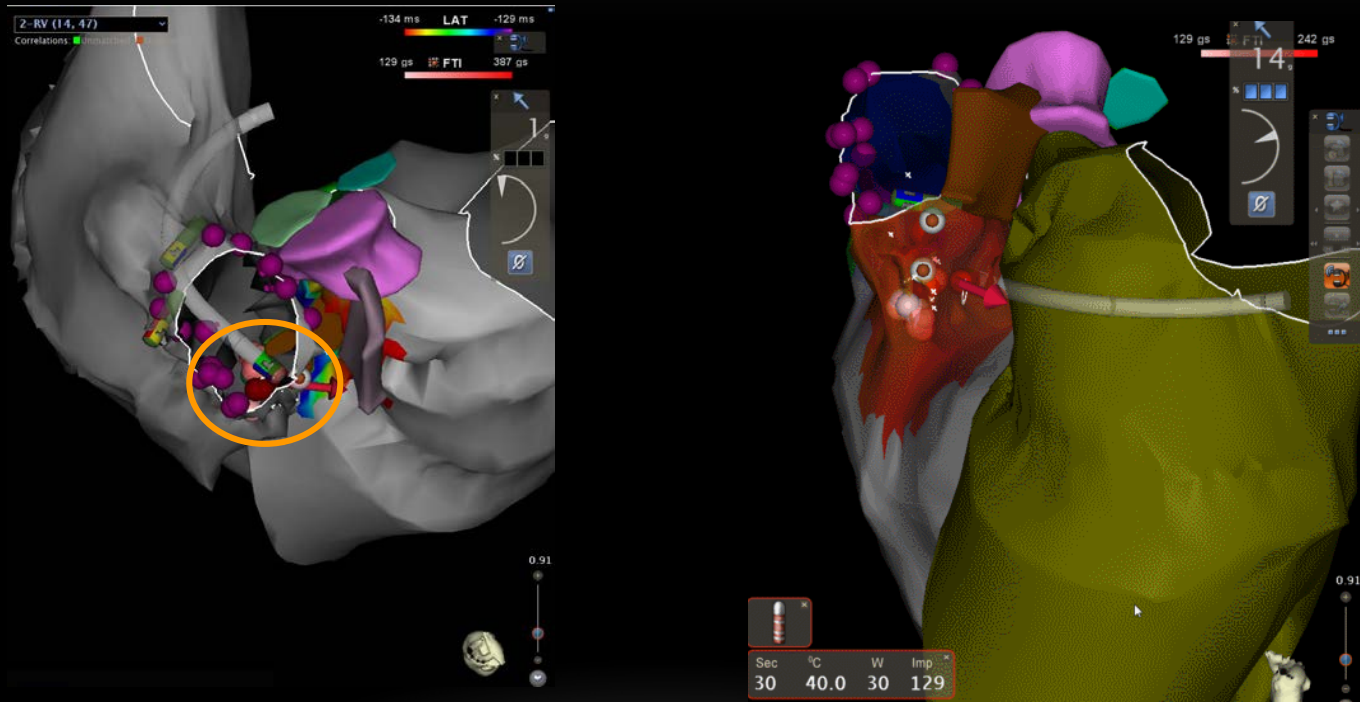


# SUCCESSFUL ABLATION IN LVOT SEPTUM (BELOW LCC)



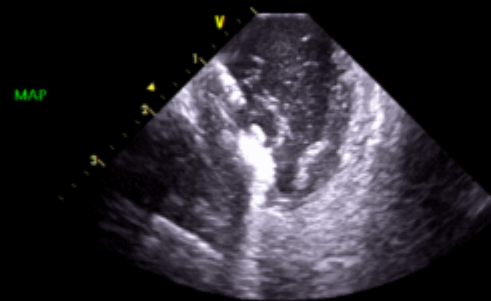
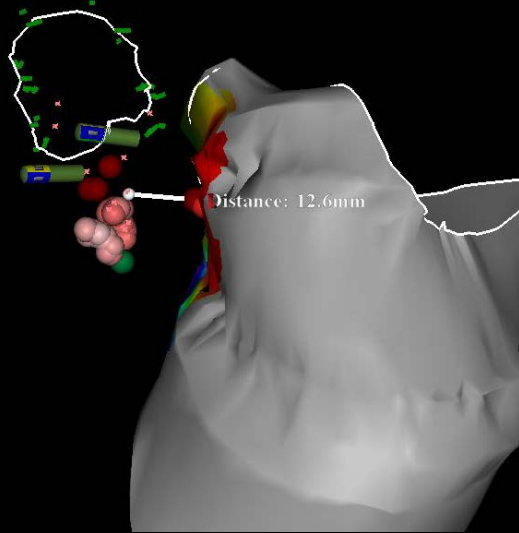


# ABLATION WITH SMARTTOUCH CATHETER

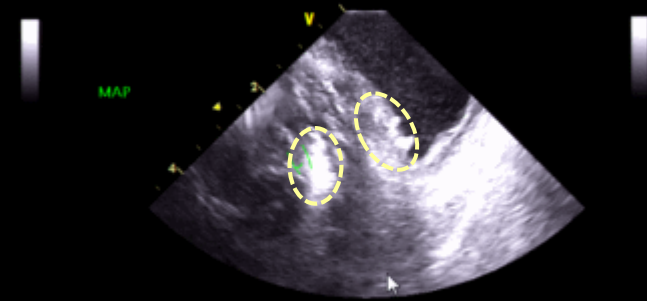


Maximal power 40W, duration 160s

# LESION FORMATION VISUALIZED BY ICE



RVOT Lesion Formation

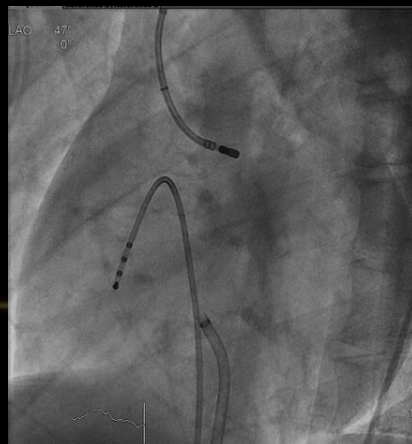
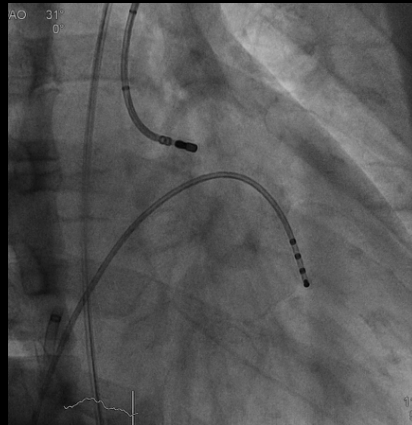


LV Lesion Formation

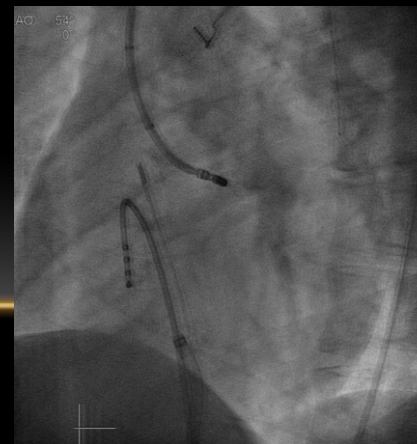
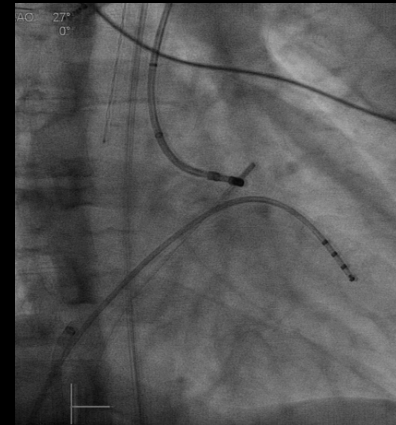
# COMPARISON OF THE TWO PROCEDURES

## Location by fluoroscopy

- 1<sup>st</sup> procedure



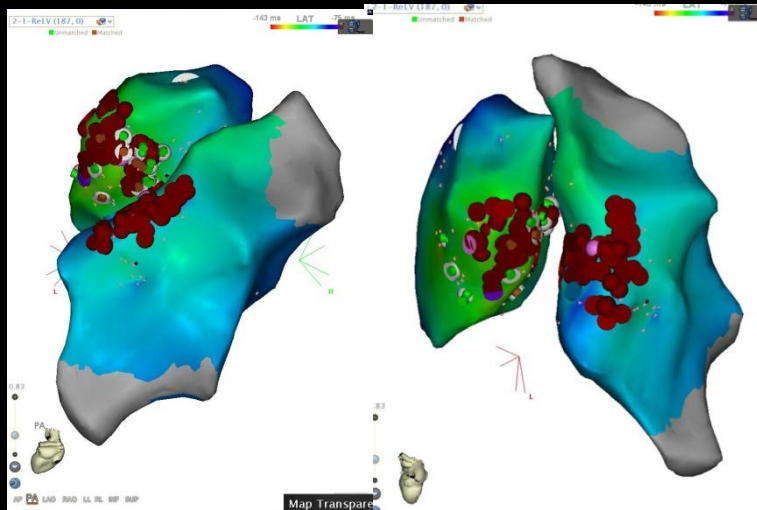
- Redo procedure



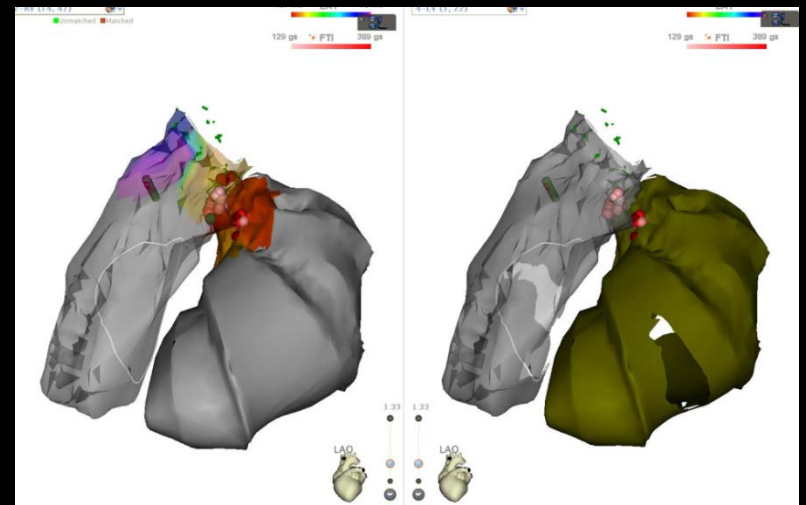


## Location by 3D mapping

- 1<sup>st</sup> procedure



- Redo procedure



## Mapping and ablation

	1st	Redo
System	CartoUnivu	CartoSound
Catheter	J&J Thermocool	SmartTouch

## RF energy

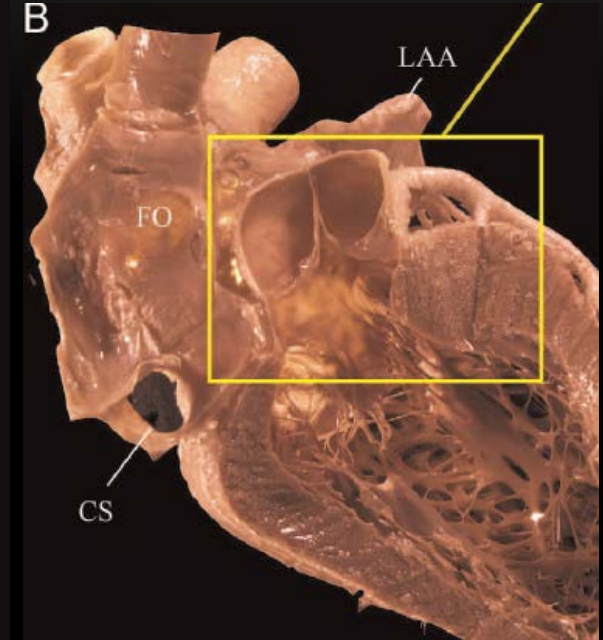
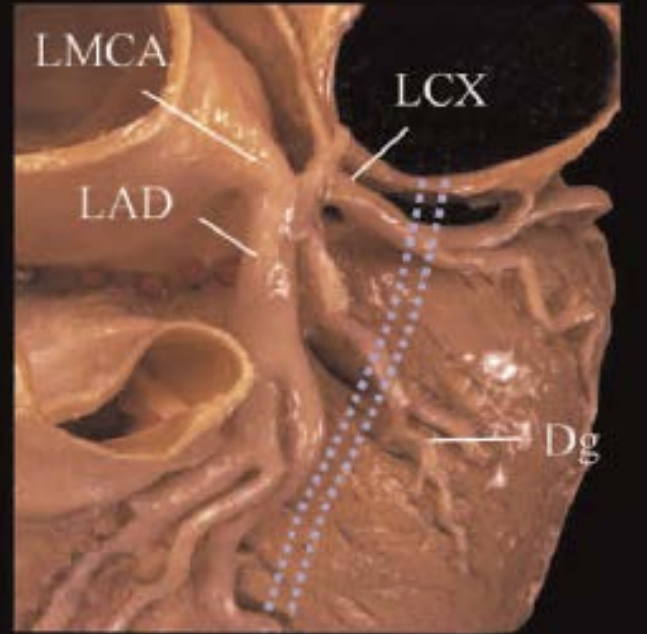
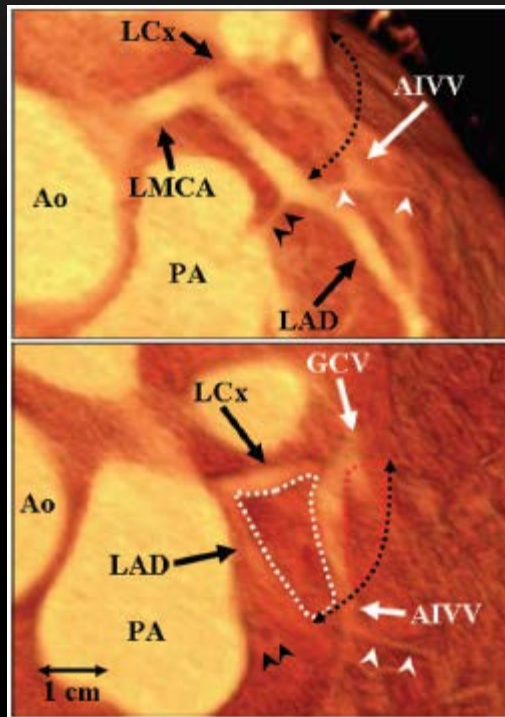
	1st	Redo
Max power	30W	40W
Duration	60s	160s
Number	RVOT #6 LVOT #21	RVOT #14 LVOT #4

**Deep lesion** could be made with higher power, longer duration, and stable contact by assistance of ICE and SmartTouch catheter.

## Earliest activation by EGM

	1st	Redo
RVOT	-43 msec	-24 msec
LVOT	Discrete potential	-24 msec

# LV SUMMIT



**Definition:** LV epicardial surface bounded by LAD and LCx; superior to the aortic portion of LV ostium; most superior part of LV

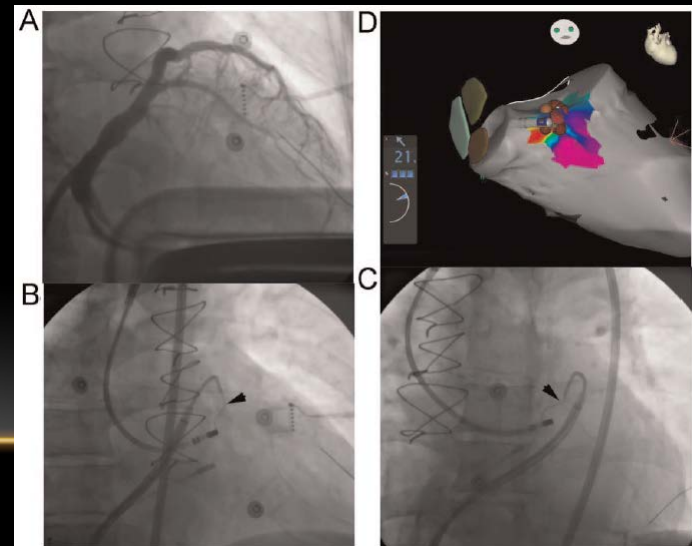
**Endocardial LV below LCC** represents the opposite aspect of the LV summit

# How to map and ablate left ventricular summit arrhythmias

Andres Enriquez, MD,<sup>\*</sup> Federico Malavassi, MD,<sup>†</sup> Luis C. Saenz, MD,<sup>†</sup> Gregory Supple, MD,<sup>\*</sup> Pasquale Santangeli, MD,<sup>\*</sup> Francis E. Marchlinski, MD,<sup>\*</sup> Fermin C. Garcia, MD<sup>\*</sup>

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- If the distance from the coronary arteries is not judged to be safe, ablation within the GCV/AIV is not technically feasible, or the earliest activation is recorded at a septal venous perforator, a first ablation attempt is performed from the LCC or LV endocardium, whichever is earliest and/or opposite to the earliest epicardial site marked by the catheters in the venous system.



# Ablation of ventricular arrhythmias arising near the anterior epicardial veins from the left sinus of Valsalva region: ECG features, anatomic distance, and outcome

Miguel E. Jauregui Abularach, MD, Bieito Campos, MD, Kyoung-Min Park, MD, Cory M. Tschabrunn, CEPS, David S. Frankel, MD, Robert E. Park, MD, FRCAP, Edward P. Gerstenfeld, MD, Stavros Mountantonakis, MD, Fermin C. Garcia, MD, Sanjay Dixit, MD, FHRS, Wendy S. Tzou, MD, Mathew D. Hutchinson, MD, FHRS, David Lin, MD, Michael P. Riley, MD, PhD, Joshua M. Cooper, MD, Rupa Bala, MD, David J. Callans, MD, FHRS, Francis E. Marchlinski, MD, FHRS

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## Heart Rhythm Disorders

# Ablation of Left Ventricular Epicardial Outflow Tract Tachycardia From the Distal Great Cardiac Vein

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Eduardo B. Saad, MD,† Jeremy N. Ruskin, MD,\* Vivek Y. Reddy, MD\*

*Boston, Massachusetts; Rio de Janeiro, Brazil; and Prague, Czech Republic*

## LESSONS FROM THIS CASE

- The ablation of outflow VT is not always successful with 3D mapping and fluoroscopy.
  - ICE can enhance the safety and efficacy of RF ablation by visualizing anatomical details, stable catheter placement, and lesion formation.
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THANK YOU!

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